

#### **Safeguarding Policy for Christ Church Southend**

This policy was agreed at the Parochial Church Council (PCC) meeting held on

#### Safeguarding means:

- Protecting children, young people and vulnerable adults from abuse and maltreatment.

- Preventing harm to children's, young people's and vulnerable adults' health or development.

- Ensuring children and young people grow up with the provision of safe and effective care.

- Taking action to enable all children, young people and vulnerable adults to have the best outcomes

#### Safeguarding Children & Young People Statutory definitions

The UK central government document 'Working Together to Safeguard Children' categorises and defines abuse in terms of:

• Physical abuse including hitting, shaking, throwing, poisoning, burning or scalding, drowning or suffocating.

• Emotional abuse including conveying to a child that they are inadequate, humiliation, blaming, controlling, intimidation, verbal abuse, isolation, seeing or hearing the ill-treatment of another. It may involve serious bullying (including cyberbullying).

• Sexual abuse including assault by penetration (for example, rape or oral sex) or non-penetrative acts such as masturbation, kissing, rubbing and touching outside of clothing. It may include involving children in looking at, or in the production of, sexual images, watching sexual activities, or grooming a child in preparation for abuse.

• Neglect including failure to provide adequate food, clothing and shelter, to protect a child from physical and emotional harm or danger, to provide adequate

supervision and/or access to appropriate medical care or treatment. It may occur during pregnancy as a result of maternal substance abuse.

#### **Domestic Abuse**

Women's Aid defines domestic abuse as an incident or pattern of incidents of controlling, coercive, threatening, degrading and violent behaviour, including sexual violence, in the majority of cases by a partner or ex-partner, but also by a family member or carer. It is very common. In the vast majority of cases it is experienced by women and is perpetrated by men. Witnessing domestic abuse is child abuse, and teenagers can suffer domestic abuse in their relationships.

## Sexual Exploitation

Child Sexual Exploitation (CSE) is a type of sexual abuse. Children or young people may be tricked into believing they are in a loving, consensual relationship. They might be invited to parties and given drugs and alcohol. They may also be groomed and exploited online. Some children and young people are trafficked into or within the UK for the purpose of sexual exploitation.

#### Spiritual Abuse

Within faith communities, harm can be caused by the inappropriate use of religious belief or practice. This can include the misuse of the authority of leadership or penitential discipline, oppressive teaching, or intrusive healing and deliverance ministries. Any of these could result in children or vulnerable adults experiencing physical, emotional or sexual harm. Other forms of spiritual harm include the denial to children of the right to faith or the opportunity to grow in the knowledge and love of God.

## Bullying and Cyberbullying

Bullying is behaviour that hurts someone else – such as name calling, hitting, pushing, spreading rumours, threatening or undermining someone. It can happen anywhere – at school, at home or online. It is usually repeated over a long period of time and can hurt a child both physically and emotionally. Bullying that happens online, using social networks, games and mobile phones, is often called cyberbullying. A child can feel like there is no escape because it can happen wherever they are, at any time of day or night.

## **Online Abuse**

With the ever-growing use of the internet, mobile telephones and online gaming (e.g. Xbox/ PlayStation); there has been a corresponding rise in the use of the internet and other electronic communication to target, groom and abuse children. Adults may target chatrooms, social networking sites, messaging services, mobile phones, online gaming sites and the internet generally. Children are particularly vulnerable to abuse by adults who pretend to be children of similar ages when online and who try to obtain images or engineer meetings.

# **Electronic Images**

The downloading, keeping or distributing of indecent images of children are all classified as sexual offences. Such offences are sometimes referred to as non-contact sexual offences. However, it must be remembered that children will have been abused in the making of the images. The texting of sexual messages and photographs (sometimes referred to as 'sexting ') can be particularly problematic and abusive amongst children and young people.

## Safeguarding Adults - Definitions of Adult Abuse

The UK central government document 'Care and Support Statutory Guidance' categorises and defines adult abuse in

terms of:

• Physical abuse including hitting, slapping, pushing, kicking, misuse of medication, restraint or inappropriate sanctions.

• Sexual abuse including rape and sexual assault or sexual acts to which the vulnerable adult has not consented or could not consent or was pressurised into consenting.

• Psychological abuse including emotional abuse, threats of harm or abandonment, deprivation of contact, humiliation, blaming, controlling, intimidation, coercion, harassment, verbal abuse, isolation or withdrawal from services or supportive networks.

• Financial or material abuse including theft, fraud, exploitation, pressure in connection with wills, property or inheritance or financial transactions, or the misuse or misappropriation of property, possessions or benefits.

• Neglect or acts of omission including ignoring medical or physical care needs, failure to provide access to appropriate health, social care or educational services, the withholding of the necessities of life, such as medication, adequate nutrition and heating.

• Discriminatory abuse including racist, sexist, based on a person's disability, and other forms of harassment, slurs or similar treatment.

• Domestic abuse that is usually a systematic, repeated and escalating pattern of behaviour, by which the abuser seeks to control, limit and humiliate, often behind closed doors.

• Organisational abuse including neglect and poor care practice within an institution or specific care setting such as a hospital or care home. This may range from one-off incidents to ongoing ill-treatment. It can be through neglect or poor professional practice as a result of the structure, policies, processes and practices within an organisation.

• Modern slavery including human trafficking; forced labour and domestic servitude; and traffickers and slave masters using whatever means they have at their disposal to coerce, deceive and force individuals into a life of abuse, servitude and inhumane treatment.

All adults, including vulnerable adults, have a fundamental human right to choose how and with whom they live, even if this appears to involve a degree of risk. They should be supported to make those choices, to live as independently as possible and be treated with respect and dignity.

## Who abuses adults?

Potentially anyone, adult or child, can be the abuser of an adult. Abuse will sometimes be deliberate, but it may also be an unintended consequence of ignorance or lack of awareness. Alternatively, it may arise from frustration or lack of support. T

## The list can include:

Relatives of the vulnerable person including husband, wife, partner, son or daughter. It will sometimes include a relative who is a main carer.

- Neighbours
- Paid carers

Workers in places of worship

- People who are themselves vulnerable and/or are users of a care service
- Confidence tricksters who prey on people in their own homes or elsewhere.

Relatives who are main carers

Carers can experience considerable stress, exhaustion and frustration without respite or support. This can lead to unintended poor care or abuse. Relatives who are the main carers may also be subject to abuse by those for whom they are caring. This abuse is often endured for long periods and unreported

In accordance with the Church of England Safeguarding Policy our church is committed to:

• Promoting a safer environment and culture.

• Safely recruiting and supporting all those with any responsibility related to children, young people and vulnerable adults within the church.

- Responding promptly to every safeguarding concern or allegation.
- Caring pastorally for victims/survivors of abuse and other affected persons and those
- Caring pastorally for those who are the subject of concerns or allegations of abuse and other affected persons
- Responding to those that may pose a present risk to others.

The Parish will:

• Create a safe and caring place for all.

• Have two named Parish Safeguarding Officers (PSO) one for people working with children and young adults; and one for adults working with vulnerable adults. within the church and church shop. They will work with the incumbent and the PCC to implement policy and procedures.

• Safely recruit, train, and support all those with any responsibility for children, young people and adults to have the confidence and skills to recognise and respond to abuse.

• Ensure that there is appropriate insurance cover for all activities involving children and adults undertaken in the name of the parish.

• Display in church premises and on the Parish website the details of who to contact if there are safeguarding concerns or support needs.

• Listen to and take seriously all those who disclose abuse.

• Take steps to protect children and adults when a safeguarding concern of any kind arises, following House of Bishops guidance, including notifying the Diocesan Safeguarding Adviser (DSA) and statutory agencies immediately.

• Offer support to victims/survivors of abuse regardless of the type of abuse, when or where it occurred.

• Care for and monitor any member of the church community who may pose a risk to children and adults whilst maintaining appropriate confidentiality and the safety of all parties.

• Ensure that health and safety policy, procedures and risk assessments are in place and that these are reviewed annually.

• Review the implementation of the Safeguarding Policy, Procedures and Practices at least annually

Each person who works within this church community will agree to abide by this policy and the guidelines established by this church.

This Church PCC appoints the following Parish Safeguarding Officers

Eleanor Lock as Children's PSO

Graham Lock as Adult's PSO

Incumbent: Rev Steve Collier

Churchwarden: Nathan Medhurst

Churchwarden: Sandra Greenwood

Date:

Review Date: